

Anglican PARISH OF KAPITI

26 May 2019

HOW TO NOT LET YOUR HEART BE TROUBLED (John 14: 23-29)

First you make a small opening just above your heart and then, with great delicacy, withdraw a small part and hold it to the light for inspection. Are you dismayed to observe its frailty, its flaws? Just now it made a sound like the indrawn breath of a child right before it cries, in that moment it discovers that the more of the world you come to know, the more frightening it becomes. And not just fear, but guilt, harsh as lightning, worry, grief, regret – all add their aching; you want to hold your heart tighter in its trouble, but can't with tighter grip calm down the trembling. Yet just when you might despair, you recall Christ's promise once again that God's Spirit is with you here, and that Christ's peace is yours to claim. It is there like two more hands, each more gentle than your own, holding your heart with you; comfort and strength unfold their flower, courage too, and you feel your anxiety unravel at last. In the warm embrace of Christ's love, letting the past be past, mindful of the present moment alone, you rest your peace-filled heart in a safe place. You're home.

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*A special welcome to all who are visiting with us today.
Please take the time to fill out a visitor card before you leave.
These can be found in the pews or church foyer.
Stay on and join us for morning tea following the service.*

We are family, we are disciples, we care for the last, the lost and the least.

<i>Readings</i>	THIS WEEK—26 May	NEXT WEEK—3 June
1st Reading	Acts 16: 9-15	Acts 16: 16-34
2nd Reading	Revelation 21: 10, 22-22:5	Revelation 22: 12-14, 16-17, 20-21
Gospel Reading	John 5: 1-9 or John 14:23-29	John 17: 20-26

The Sentence and Collect of the Day

Sentence: Jesus said, "Peace I leave with you; my peace I give to you."
(John 14:27)

Collect: Almighty God, you sent your Holy Spirit to the disciples, filling them with joy and boldness to preach the gospel; send us out in the power of the same Spirit to witness to your redeeming love and draw all people to you; through Jesus Christ our Lord. **Amen**

Parish Diary

Mid day Eucharist at St Paul's EVERY FRIDAY ONLY

TODAY		4pm	Messy Church, Parish Hall, St Paul's
27 May	Mon	6.30pm	Marksmen, Parish Lounge, St Paul's
28 May	Tues	2pm	St Mark's Guild, St Mark's Church
30 May	Thurs	10.15am	Prayers and Squares, 118a Matatua Rd, Raumati Bch
29 June	Sat	4pm	Mid Winter Community Event, St Paul's

Stillpoint service: next month in June is cancelled due to the date falling on Queen's birthday weekend. Stillpoint will resume in July.



A date for the Diary:
Mid-Winter Community Event on 29 June at St Paul's, 4pm-6pm. A fun few hours of friendly games and entertainment for all ages. Wood-fired pizza's \$3 each with tea and coffee provided. Everyone is invited *and maybe bring a friend or two...!!* Let's be family together. Contact Revd. Fiona Thomson, ph 021442676.

Stamps for Mission: Remember all your stamps can be processed for income for the Anglican Missions Board (over \$6000 pa). Drop your used stamps to the office or direct to Barbara Bonifant at 118a Matatua Road, Raumati Beach.

Egg Cartons for Playgroup: If you have spare egg cartons, are you willing to offer them to the playgroups here at St Paul's? Please leave on the desk in front of the playgroup notice board in the Parish Hall, St Paul's. Many thanks, Katie Lewis



Messy Church this afternoon 4-6pm. Exploring God's Superhero! A creative expression of church for families & individuals through science, games, craft and a light meal. in the Parish Hall at St Paul's, 1 Langdale Ave, Paraparaumu

CORRECTION: Marksmen will meet on **Monday 27 May** at 6.30pm in the Parish Lounge, St Paul's for a hot meal, drink and chat. If you wish to find out more, please contact Peter Robbins, ph 021 250 3472.

St Mark's Guild meets on **Tuesday 28 May** at 2pm in the church. Musicians from Kapiti College are coming to perform. Everyone is welcome. Please make an effort to come to support these young people. Transport can be arranged. Barbara 905 3301

Prayers and Squares: Please join us for morning tea at 10.15 am on **Thursday 30 May** at 118 A Matatua Road. Raumati Beach. If you are interested in finding out more about this ministry please come along. Barbara 905 3301

Thy Kingdom Come

Between Ascension (30th May) and Pentecost (9th June) we join with Christians around the world to light up the world in prayer; for people to come to know Jesus.

We do what the disciples did – Jesus said go back into the city and pray – we too pray in obedience and faith and we pray in expectation, for the church, the world and individuals to know and love God – for God's kingdom to come.

Programme in our parish:

There will be **resources** prepared by the Upper Room team in each church to use for prayer at *anytime* – use them to pray in church, in the Upper Room, to take home, to use in families, to use in groups, to use with friends at work sharing in turning to Christ – use them to pray at any opportunity God opens up;

There will be **morning prayer** at St Pauls 8.45am each day apart from Sundays and **evening prayer** 5.15pm each day at St Marks, including Sunday 2nd June. This connects us to the call coming out from the Cathedral for collective prayer in the Diocese. If you cannot get out, you can still join in prayer wherever you are. Liturgies provided by the Cathedral will be placed amongst the resources but you can of course also use the Prayer Book or your own prayers;

Every day over the whole period from Ascension to Pentecost please **pray at midday** – ***'Come Lord Jesus, Come down, Come in, Come among us.'*** Through this we are collectively seeking our Lord to brighten the beacon of His light in our parish that we may so shine with His love and more closely walk the talk, that the flame burns brighter and Christ is seen by more and more people and they will be touched, healed and come into His embrace;

A 24 hour prayer vigil will take place 6pm Saturday 8th June before Pentecost till the 6pm Pentecost Sunday 9th at St Paul's. Please sign up a for at least one space on the notice on the door of the clergy office.

As we respond to God's invitation to pray we join in active mission seeking His transforming love, salvation and plan for individual people and the whole world God loves.

Let us be part of lighting up God's world in prayer - Lynda

Lectionary Readings for Sunday 26 May 2019

6th Sunday of Easter - White

Psalm 67 A psalm calling upon all peoples and all nations on earth to bless the Lord.

Acts 16:9-15 On his second missionary journey, through what is today northern Turkey towards Greece, Paul has a vision in which a Macedonian pleads for his help. With his companions Paul travels from Troy to Philippi, where he baptizes the cloth merchant Lydia and her whole household.

Revelation 21:10,22 – 22:5 A vision of the new Jerusalem, in which the Lord God dwells among us, taking the place of the Temple. Nothing unclean will enter the city, only the righteous will live there and drink the water of Life, where the Lord and the Lamb of God will reign forever.

John 14: 23-29 Jesus tells the disciples at the last supper that his words come from the Father. The Holy Spirit, whom God will send in his name, will teach them and refresh Jesus' words in their hearts. He and the Father will also come again to dwell amongst them. *Chris Durrant*



Prayer Point: Pray for God to bless and grow our contacts with children and families in the Kapiti community.

Friday PRAYER Group meet on Fridays at St Paul's, **10.45am.**

All are welcome.

PARISH PRAYER CHAIN: Contact **Marion Henderson** via email on:
marionhenderson@xtra.co.nz or by phone on 905 1171

Parish Directory 1 Langdale Avenue, Paraparaumu, 5032 www.kapitianglican.org.nz

Vicar: Ven. Julie Rokotakala	021 118 3657	vicar@kapitianglican.org.nz
St Mark's: Revd. John & Barbara Bonifant	(04) 905 3301	bjbonifant@gmail.com
St Peter's: Revd. Lynda Wards	(04) 234 1170	lyndawardsnz@gmail.com
Children and Families : Revd Fiona Thomson	021 44 26 76	fiona@kapitianglican.org.nz
Messy Church: Revd. Carrole Lewis	(04) 904 7300	ce@kapitianglican.org.nz
Vicar's Warden: Sheridan David	(04) 904 7300	warden@kapitiangllican.org.nz
People's Warden: Mary Cropp		
Treasurer: Paul Bull	(04) 904 7300	treasurer@kapitianglican.org.nz
Rosters: Parish Admin		
Parish Administration: Becky Devane	(04) 904 7300	office@kapitianglican.org.nz

Parish Administration is located at St Paul's Church, cnr of Langdale Ave & Kapiti Rd, Prm

Parish Office open: 9am-2pm Tues to Fri Tel: 04 904 7300

Healing Hearts for Christchurch

A group of quilters have asked us to join with them in making heart quilts for families of the horrific tragedy in Christchurch. They have

asked for blocks made as follows;

Blocks need to be 6.5 inches square with light coloured background - white, cream, beige etc.

Heart to be green and can be made by applique or piecing to whatever heart design you like.

Please avoid any red or fabric with images of people or animals on them. No faces.

Completed blocks can be left at the Parish office and then they will be forwarded to those who are compiling the quilts.

A parcel containing 75 blocks has been sent off to Christchurch.

Thank you to all who have donated blocks so far—an amazing response.

If you still have blocks to donate, please hand them in to the Parish Office and these will be sent off some time after Easter.



Some further Ideas of ways to support the Muslim community following the Mosque shootings in Christchurch

Pray- for healing, peace and a sense of safety to return especially for those who witnessed or were directly impacted by the March 15 attacks.

Write-from the heart. Send a card or letter: our local mosque is the Islamic centre in Porirua, 58 Waihora Cres, Waitangirua, Porirua City.

Donate- to the funds being raised for victims and their families- Anglican Missions has just launched a relief appeal.

Make- contribute to the quilt, consider baking and dropping food off to the Islamic centre, or neighbours you may know who are Muslim.

Involve- become a volunteer for a community group that supports migrants and refugees- English Language Partners Porirua, Open Road, Turning the curve, Red Cross, RMS and Changemakers

Condemn prejudice in all its forms. Stand up for those who are attacked for their colour, culture, race or religion.



Small Groups for Growth

Joining in the regular gathering of a small group is a great way to make friends, enjoy fellowship, learn about the Bible and explore what being a Christian means today. Our Parish small-groups welcome new members any time but 12 members is usually the maximum that can be accommodated.

Tuesday 2.30pm	Kathleen and John Fleck 23 Glen Loch Place, Paraparaumu	04 298 5630 meets weekly
Wednesday 10.30am	Sally Mundell St Mark's Church	04 902 2064 Women's group meets weekly
Wednesday 3pm	Christine Vaughan-Dawkes Sevenoaks	04 905 4261 meets fortnightly
Wednesday 7.30pm	Maureen Ellis Parish Lounge, St Paul's	04 905 9424 Women's group meets weekly
Thursday 7.30pm	Willie Brown & Cliff Mundell 66 Hillcrest Road, Raumati Beach	04 902 2378 / 04 902 2064 meets weekly
Thursday 7.30pm	Jan & Mark Gosnell Parish Lounge, St Paul's	04 293 2016 meets weekly
Thursday 7.30pm	Sharmla & Sheridan David 6 Manhattan Court, Paraparaumu	04 298 1358 meets weekly

Groups with a slightly different emphasis are arranged from time to time and these also warmly welcome new members interested in experiencing a different way of gathering.

Tuesday 3.30pm	Centering Prayer Group Different host each week	meets weekly Co-ordinator – Ann Desmond 04 297 0506
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To find out more, please speak to a group leader or
Kathleen Fleck, House Group Coordinator: 04 298 5630